

2.3.3. Technical Sheet Exploration of Occupations

Activity Identification	Dimension	Number of Participants	Duration (minutes)
10 Exploration of Occupations	World Knowledge	8 – 12 (sub-groups of 2-3)	120 *

* (Duration of the activity will depend on whether the activity includes company visits or not)

The aim of the Activity

To motivate the participants to explore different opportunities for jobs, occupations and education, which they might consider for a future career.

Preparation

Print handout **10 Interview Guide for Information Search**. One for each participant.

Requirements

Internet access and computer skills for online research.

Instructions

1. Hand out the Interview Guide for Information Search questionnaire to the participants and ask them to choose an occupation, job, or education of their interest.
2. Have the participants fill out the questionnaire by searching for information regarding companies or educational institutions of relevance to their interest on the Internet and/or by visiting one or more of the companies/ educational institutions.
3. In the end, ask each participant to present all the information collected about their job/occupation, e.g. using a PowerPoint Presentation or using collages.

Observations / Suggestions

The participants can use the results from Self-Assessment for exploration of interest for optional future jobs.

The participants should document sources of the various information (E.g., the facilitator, the internet, journals, employee at the company or institution in question etc.) for future reference.

Source / Links / Further Information

The list of web pages from Denmark, Portugal, and the Czech Republic will provide inspiration in the following areas:



Links from Denmark

Educational inspiration

Uddannelses/Karrieretest - Studentum

What can I become, and which education can I choose?

<https://live2work.eu/go/studentum/>

Inspiration til dit studievalg - Dinstudievej

Find inspiration for choosing an education.

<https://live2work.eu/go/dinstudievej/>

Uddannelsesestest - Studenterguiden

Test to see which education you should choose

<https://live2work.eu/go/studenterguiden/>

Career inspiration webpages

Universe

Test if you have the right job.

<https://live2work.eu/go/universe/>

Karriere test – Fremtiden er din!

The future is yours! Career test.

<https://live2work.eu/go/fremtiden-er-din/>

Persontype

Find out what personality you have for future career choices.

<https://live2work.eu/go/persontypet/>

Finduddannelse

Find out what your competences are for the right career choice.

<https://live2work.eu/go/finduddannelse/>

Karrierespindet

Career profile test.

<https://live2work.eu/go/karrierespindet/>

Job training related webpages

Praktikportalen

Danish national portal for job training and internships for all sectors involving job training as a part of education.

<https://live2work.eu/go/praktikportalen/>

Links from Portugal

Educational and Job training inspiration

Garantia Jovem

Website with information of organizations in Portugal by city, that can help you find training courses, job search, or education – National Program: Garantia Jovem.

<https://live2work.eu/go/garantia-jovem/>



Qualificia

Website with information of Qualification Centers in Portugal, that can help you to design an education/ training path according to your personal profile – National Program: Qualificia.

<https://live2work.eu/go/qualificia/>

Juventude

Website with specific information concerning youth and their interests (culture, education, employment).

<https://live2work.eu/go/juventude/>

Career inspiration webpages

Design the Future

Website with videos for career inspirations.

<https://live2work.eu/go/design-the-future/>

Instituto do emprego e Formação Profissional

Websites with information regarding national programs supporting employment and self-employment and job training.

<https://live2work.eu/go/iefp/>

Cidade das Profissões

Websites with information regarding national programs supporting employment and self-employment and job training.

<https://live2work.eu/go/cidade-das-profissoes/>

Empresa na hora

Website with information regarding the creation of self-employment (legal advice and procedures).

<https://live2work.eu/go/empresa-na-hora/>

Vias

Website for career advisement.

<https://live2work.eu/go/vias/>

Empreender

Website with information regarding self-employment and entrepreneurship.

<https://live2work.eu/go/empreender/>

Links from the Czech Republic

Educational inspiration

Stodium.cz

A great internet server offering thousands of education and retraining courses from the public as well as private institutions.

<https://live2work.eu/go/stodium/>

EduCity

A great internet server offering hundreds of open retraining courses, provided by both public and private institutions.

<https://live2work.eu/go/educity/>



Career inspiration webpages

Infoabsolvent

A great internet server and information system ISA+, which helps absolvents to start a suitable career in both education and employment terms, offering professional tests of abilities and insights into technical professions.

<https://live2work.eu/go/infoabsolvent/>

Organizace pro pomoc uprchlíkům

Organisation for help to refugees, which cooperates closely with a refugee centre in Zastávka u Brna and is a focal point of foreigners dealing with various issues related to their stay in the Czech Republic, incl. qualifications, retraining courses, job search, family issues, etc.

<https://live2work.eu/go/opu/>

Job training related webpages

Centrum vzdělávání všem

A career centre in Brno, whose aim is to help with professional development to all persons interested from the age of 14. Offers a great amount of job-related training courses, as well as inspiration and conceptual workshops for persons in the situation of professional vulnerability.

<https://live2work.eu/go/vzdelavani-vsem/>

Internetový portal MPSV

Official web page of the Ministry of Work and Social Affairs, offering hundreds of retraining courses according to regions and specializations.

<https://live2work.eu/go/mpsv/>

Actual version of this tool can be found here: <https://live2work.eu/go/exploration-of-occupations/>