

Before starting the Live2Work programme, please reflect on the following questions:

Having a clear idea of your expectations and thoughts on the programme and your individual plan makes it easier for you to focus and reach your goal. It also helps the facilitator to create the best outcome and support you the best possible way.

Your perceptions and expectations of:

1. The L2W programme:
2. Your individual plan:
3. The role of the facilitator: State the support and help you expect to get from the facilitator:
4. For yourself and your own participation in the program, E.g., time spent, motivation, help:
5. Why are you attending the programme and what are **your** immediate goals?

Date:

Name and signature of the participant: _____

Name and signature of the facilitator: _____